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UT Tyler Patriot

VOL. 7, NO. 2

UNIVERSITY OF TEXAS AT TYLER

OCTOBER 18, 1979

University enrollment stabilizes

By B. Elaine Lansing

Official enrollment figures released last week by the registrar's office indicate that UT-T is still growing, but the school's growth has slowed considerably.

This fall's enrollment is 1,972, an increase of less than two percent over the 1978 fall semester's enrollment. In 1978, enrollment had increased eight percent over the previous year.

Robert Marsh, dean of admissions and records said, "Total credit hours students are carrying is 16,524, an increase over last year." The number of credit hours is important because the university receives money from the state based on credit hours generated rather than actual numbers of people enrolled.

This semester's credit hour count was 26,524, and the previous high had been 16,464. This represents an overall increase of less than one percent.

Other information released by the registrar's office indicates that the profile of the UT-T student body has not changed much over the past few years.

First, there are still more female than male students. Women students increased their numbers to 1,161 while the number of men on campus decreased to 811. Also, there are almost as many students from foreign countries as there are from other states. Twenty-seven students from 11 foreign countries are enrolled as are 37 students from states other than Texas.

Part-time students still outnumber full-time students by almost two to one. About 63 percent, 1,250 students, are enrolled for less than 12 hours as undergraduates or less than eight hours as graduate students.

The average age of students is about 30.5 same as it was last year. The age range is between 19 to 67 years.

The ten most popular schools according to the number of students majoring in those schools are: elementary education with 183 students, accounting - 160, nursing - 128, general business - 106, curriculum and instruction - 101, psychology - 94, criminal justice - 93, industrial education - 85, early childhood education - 84, health and physical education - 76.

Group files petition

A petition for a proposed student organization, Black Student Union, has been filed with the Student Life Office.

The purpose, as stated in the petition, is to promote and enhance ethnic awareness, cultural appreciation, and social cooperation among the various national and international ethnic and cultural groups represented at UT-T and the community at large.

The organization, open to any student, will be to "encourage students at UT-T to involve themselves in a joint venture of cultural appreciation," R. Charles Key, associate professor of sociology and the Union's sponsor, said.

William McDonald, a junior from Tyler said, "We hope to develop programs that will offer a balance of tangible problems and positive cultural enrichment."

For example, a folk fair could be a format of expressing knowledge of diverse cultures. The fair could have booths of different nationalities and display artifacts showing their culture, he said.

"The organization could also bring to campus top speakers that would enhance ethnic awareness," Key said.

Interest in the Union has been good, Key said, but has had a day interest rather than a day and night interest. "In fairness to evening students, we will have to provide conditions for their participation. We may have to have a Sunday afternoon or 5:30 p.m. meeting."

A Black Student Union could have great impact in recruiting students for UT-T, Joe Starling, senior from Tyler, said.

"Students on campus have come directly from a junior college system or from a university, and most have similar organizations." This linkage gives "us direct access for recruiting," Starling said, and probably no one else would have this kind of access.

Impact of activities the organization will have will create enough interest in the community that, "Before a student decides on another college, he will take a look at UT-T," Starling said.

The organization also plans to have some social get-togethers.

"One of the very important parts of college life is social activities. College life is more than a bunch of classroom teachers," Key said, and "we would like to promote some fun -- liven things up."

UT Regents meet in Dallas

BY LARRY S. EDENFIELD

The annual meeting of the UT Board of Regents was held Oct. 11-12 in Dallas. Accompanying UT-T President James H. Stewart were John R. Sawyer, vice president for fiscal affairs, Terry L. Busson, acting chairman, Department of Social Sciences and Dena Freeman, senior computer science major from Tyler.

Busson, representing faculty and Freeman, representing students, were

invited by President Stewart to attend and were introduced to other representatives and members at the open session.

President Stewart presented two agenda items; consideration of broadening the nursing program and approval of the UT-T Educational Foundation.

Approval of the 1979-80 calendar, previously approved by TEU Regents was a docket item submitted.

Six committees, headed by separate chairmen, discussed agenda items prepared by the 14 different UT schools.

Chairman Walter G. Sterling heads the System Administration committee; Chairwoman Roland K. Blumberg, Academics and Development Committee; Chairman Thomas H. Law, Buildings and Grounds Committee; Chairman

Sterling H. Fly, Health Affairs Committee; Chairman Jess Hay, Land and Investment Committee and Chairman Dan C. Williams, Committee of the Whole Committee.

Chancellor E.D. Walker held a private executive session of the Regents to discuss litigation, land acquisition and contracts, and personnel matters.

The current nursing program is open only to RN's with an associates degree in science. The new program will include students without previous nurses training and a generic course for junior college graduates working toward a bachelors degree in science.

The Regents ratified the educational foundation committee's recommendation to change the name Texas Eastern University Educational Foundation to UT-T Educational Foundation.

President Stewart, Sawyer, Busson and Freeman were guests at the Texas-Oklahoma football game at the Cotton Bowl in Dallas.

Graduation deadline set

Tomorrow, Oct. 19, is the deadline for students to file for December graduation.

O. Robert Marsh, dean of admissions and records, said students should first consult with their particular school's adviser for necessary paper work.

Next, students pay their graduation fee at the university bookstore. Fee for a bachelor's degree is \$20 and a master's, \$25.

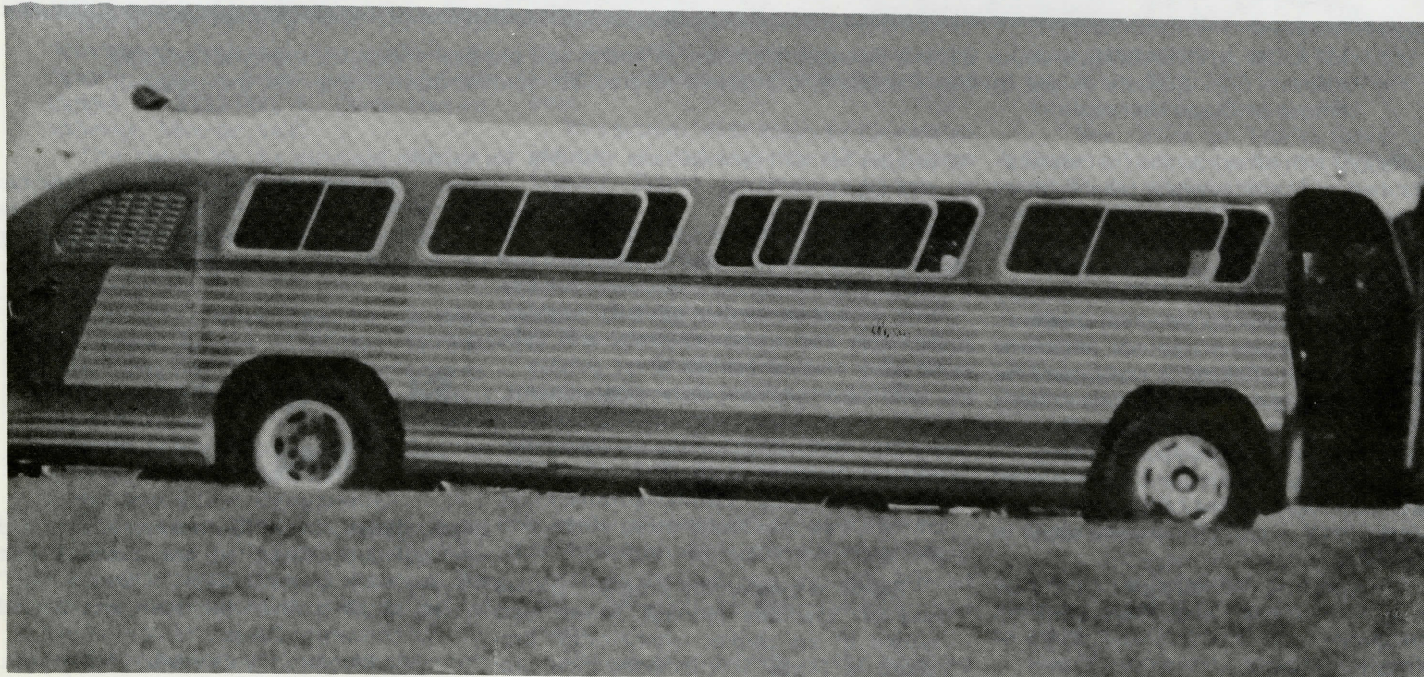
Marsh said students should "bring the paid statement to the office of admissions and records where an analysis will be made to determine

if "everything is okay or if something is wrong." Upon completion of the analysis students will be notified by mail the results, with a copy going to the adviser.

"This procedure is required whether or not a student goes through graduation ceremonies."

Marsh said if students see their adviser "not later than Oct. 19, admissions and records will count it."

Students will receive a letter "the first part of April telling where the ceremony will be held and where to get caps and gowns."



COMMUTER SERVICE--This bus was parked in front of the student center recently to advertise the beginning of bus service from the campus to Longview and Palestine. The status of this commuter service was still uncertain at press time. (Photo by Susan Herring)

Open house set

An open house will be held Nov. 11 for the new Science and the Business Administration buildings.

A special Recognition Ceremony at 1:30 p.m. will recognize the Dr. William Zuckerman Laboratory and the Dr. Walter Carl Roddy Laboratory in the Science Building.

From 2 - 4 p.m. an open house will feature both buildings.

Other portions of the campus will also be open, Gerald L. Morris, director of institutional planning and analysis and chairman of the open house committee, said.

Refreshments will be served in the University Center.

This event will also give students a chance to show the university to their families, Archie Whitfield, director, Public Information Office, said.

Editorial

Student input asked on spending money

UT-T administration needs to know which activities will interest the majority of students.

When enrolling, students are required to pay a student service fee. It is a graduated fee--for the student carrying nine hours or more and the charge is \$22.50 each semester. The average fee paid by each person is \$12.

Are students aware that this amounts to a sizeable sum?

With approximately 1,972 students enrolled this figure is about \$23,000.

A portion of the money from these fees is used for student activities. But do the students know what they are getting? Are they taking advantage of what is being offered?

The activities scheduled for this semester include films, video tape series, sports events and a mini human relations course. Also the North Texas Lab Band is scheduled to return.

But some of the activities are of questionable popularity.

An example of what can go wrong is the first film of the semester that was shown several times in the Student Center Lobby. (It was shown at no cost to the administration.)

The film reflected the differences between Main Street and the modern shopping mall and gave pointers about restoring the Main Streets of the United States.

But restoring Main Street didn't catch the interest of UT-T students.

Four students watched it the first morning and one person showed up for the second showing. The rest of the showings also had poor attendance.

The video tape series disturbed the lady selling bus tickets so the sound was turned down.

UT-T is a non-traditional campus. The majority of students are part-time students and have many obligations besides their school work. They really don't pay attention to how their activity money is being spent.

By being apathetic the students let the administration make decisions for them. Students know which activities will interest them and which ones will not.

"Each year we have to start over with student organizations," Tom G. Turns, dean of student life said. "Only a few students return each year to the various organizations. We want to know what the students want."

It is up to the students to let the administration know what they want in the way of activities. Otherwise we will continue to have activities with only one in attendance.

Organization update

Four student organizations were omitted from the last issue of UT Tyler Patriot because of lack of space.

Tom G. Turns, dean of student life, urges students to participate in these organizations.

—The Association of Business Students is sponsored by Marilyn Young. Her office is on the first floor of the Business Building.

—The Phi Alpha Theta Society, sponsored by Vincent Falzone, is a national honorary society for history majors. Students must maintain a 3.0 GPA.

Currently there are 30 to 40 active members.

—The Webb Historical Society is sponsored by Andrew S. Szarka. For more information Szarka can be contacted in room 231, Business Building.

—The Sigma Delta Pi organization is sponsored by Janice Glascock. For more information on this organization, contact Glascock in room 243, Business Building.

Students interested in forming other organizations should contact Turns in Room 221, Administration Building.

Letters to the editor

The UT-T Patriot welcomes letters from students and college employees. Readers may bring or send their letters to the Patriot office, room 261 HPR. All letters must be signed, giving classification and hometown. Letters will be published at the editor's discretion.

UT Tyler Patriot

The *UT-Tyler Patriot* is published every two weeks during the regular academic year. It is published by UT-Tyler with student funds, but the opinions expressed are those of the student editors and not necessarily those of the student body, faculty or administration.

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P.E. prof sets up rehabilitation program

BY B. ELAINE LANSING

Joyce E. Ballard, associate professor of health and physical education, helped to set up the first cardiac rehabilitation program in East Texas after researching similar facilities in the Scandinavian countries.

"Cardiac patients in the Scandinavian countries participate in a more vigorous exercise program than they do in the United States," Ballard said. "I was amazed at the strenuous workout the heart patients went through."

Nordic types have a high average life span.

Ballard and the graduate class "Topics in Physiology of Exercise" visited the Nordic hospitals in August. "Our purpose was to see the cardiovascular rehabilitation programs."

"We exercised with the patients in a Copenhagen hospital," Ballard said. "It was a heavy workout."

A more moderate program is used in the United States.

In the United States we just wouldn't "take those risks," Ballard said.

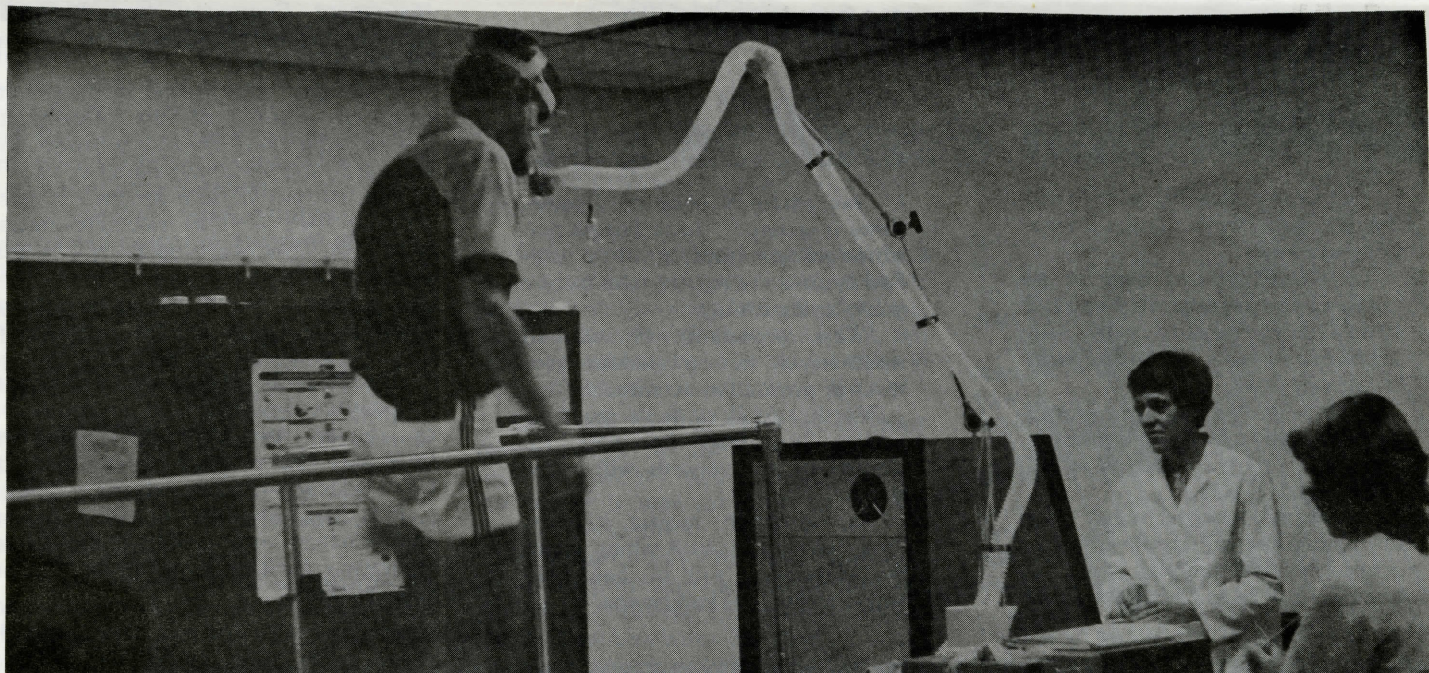
The Scandinavian countries have socialized medicine so the medical personnel are working for the government. "They're not worried about being sued," Ballard said. "They're quite lax."

The women in charge of the exercise program didn't know how to use the defibrillator, an electrical machine used to stimulate the heart.

"We don't test the defibrillator," the woman said. "We don't know how to use it. . . we've never had an arrest."

Patients are carefully screened before they are allowed to enter the program which probably accounts for the fact that no heart problems have occurred while exercising.

"On the other hand the United States has a more comprehensive program," Ballard said. Although the Europeans have a more vigorous physical program they don't deal with nutrition, psychological aspects and vocational rehabilitation.



LIFE ON A TREADMILL--Joyce Ballard, associate professor of health and physical education, supervises graduate student Terri Stewart as she monitors equipment attached to graduate student Steve Prosser on the treadmill. (Photo by Susan Herring)

Ballard helped set up the first medical-supervised cardiovascular rehabilitation program in East Texas which opened Oct. 1 at the East Texas Treatment Center in Kilgore.

The program has a medical advisory board of 17 plus a program director, psychologist and a vocational rehabilitation counselor. Ballard is consultant for the program and graduate student Irene Bixby of Longview is exercise leader.

An intensive rehabilitation program for the patient while he is unemployed lasts from 8-12 weeks. After the patient is employed a continuing program is in effect.

The program minimizes the risk factor of a reoccurrence of a heart problem. The patient, by changing his pattern of living, can expect to live to an old age.

A few of the topics covered in the psychological sessions are: old dogs learn new tricks all the time, learning to speak up and listen effectively, overcoming

barriers of self-renewal and learning to plan again.

During vocational sessions patients hear an overview of the program and goals, a guest speaker discusses successfully employed cardiac patients, physical demands and emotional stress and talks on other pertinent subjects.

Nutrition covers daily requirements, body composition assessment and determining ideal weight. Also cardio-pulmonary resuscitation (basic life support-AHA certification for family members) is covered, as is therapeutic diets and special food selection for cardiac patients.

Before setting up this program, Ballard and her graduate physical fitness class visited all the cardiac rehabilitation programs in Texas. This included three programs in Houston, two in Dallas, one in Amarillo and one in El Paso.

To participate in one of these programs, a person must be under the care of a physi-

cian.

The new facility in Kilgore provides cardiac patients in the East Texas area with the most modern cardiovascular recovery program available.

SLAC games planned for noon

Today, Oct. 18, students, faculty and staff are invited to the Student Life Advisory Council (SLAC) "Games Day" at 12:30 p.m. in the open area behind the University Center.

Badminton, volleyball, horseshoes, chess, backgammon, dominoes and cards will be played.

SLAC members will serve nachos, popcorn and soft drinks.

Artist-instructor reflects on career

BY DAVID WREN

Editor's note: Ancel E. Nunn's skyrocket to fame was set in motion when a Corpus Christi patron invited him to his home for an exhibition. This first one-man show featured 18 paintings and sold out in less than an hour.

He illustrated A.C. Greene's *A Personal Country* in 1969. Encino Press of Austin published "Ancel E. Nunn, A Portfolio of Six Prints" in 1970. He was included in two major exhibitions in Austin in 1971.

The Texas State Historical Survey Committee exhibited his "Gaines Farm" series in a one-man show at Gethsemane Exhibition Hall, and for the opening of Lyndon B. Johnson Library, a collection of paintings was exhibited along with the Sid Richardson collection of Remington and Russell.

In 1975 he was featured along with Georgia O'Keefe, Paul Pletka, Norman Rockwell, Aaron Bohrod and others as part of the Chicago Tribune's Bicentennial Art Collection. In 1977 he felt unprepared to accept an invitation for a South American exhibition via the U.S. State Department.

Nunn is teaching advanced paintings Tuesdays and Thursdays on the UT-Tyler campus in an effort to enlighten students artists about his craft.

Ancel Nunn has been described as being a big bedouin of a man, a passionate prowler who went through a tribe of women before he found the right wife. A freckle necked drifter who couldn't find a place for himself until he came to painting.

Nunn agreed that he was steeped in Indian mysticism, in the male fascination with the power of sex and the power of the soul.

"Being an artist is not really all that great," said Nunn. "Frustration is the most difficult thing to contend with." Most artist are vain and paranoid about their paintings and Nunn is no exception.

A descendant of the Regionist group of artists which originated in the 1930s, Nunn follows the philosophy of Grant Wood, Thomas Hart Benton and John Steuart Curry who all made statements about rural life.

Everything is symbolic to Nunn. Victorian houses seem to have a female quality he said. "Signs are masculine.

They represent salesmen. That evokes a graphic feeling."

A vibrant man, Nunn also has a passion for the sea and had dreams of sailing around the world in his sailboat before "a physical problem" prevented him.

When asked about his fantasies, Nunn said that he had always wanted to be an artist. "I believe man can do anything he puts his mind to and wants to do."

A native of West Texas who now lives and works in Palestine, Nunn began painting professionally in 1967. Although he had dabbled in art from age 12, he did not become a dedicated painter until he was 36 years old.

"Before that time I did everything in the world, married a couple of times; three times as a matter of fact," Nunn said. "I was looking for that fulfillment."

Nunn makes statements about man himself, universal statements that people can look at and relate to.

"The difference between a painting and a picture is that a painting is painted for reasons other than monetary and is painted with a statement in mind," Nunn said. "I always ask myself if a painting evokes a thought process in the viewer."

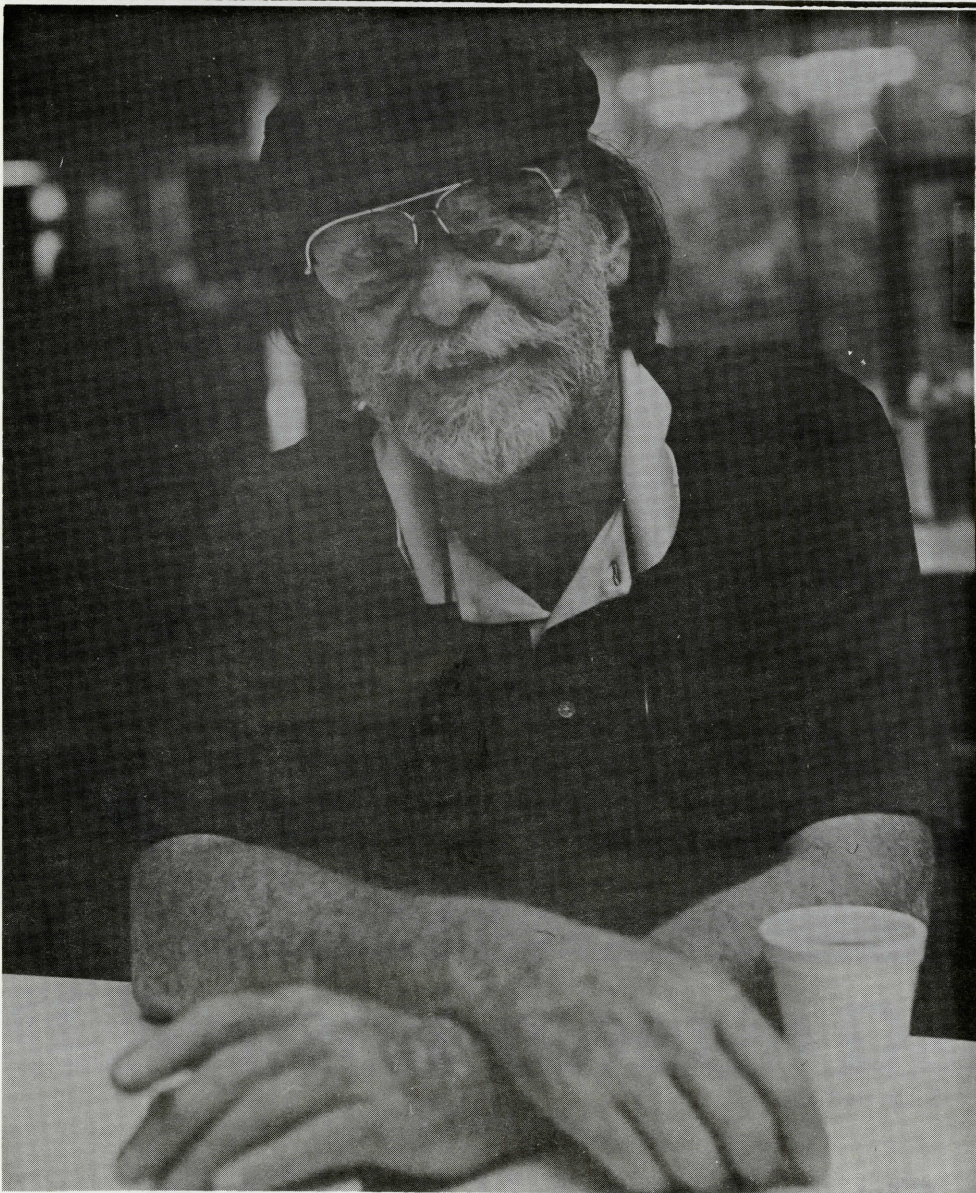
Nunn's past is always reflected in his art. "That's all I have, is the past," Nunn said. "I don't have a future. By that I mean I cannot physically get into the future."

"I might mentally think about what could happen. But mankind himself does not have a future," Nunn continued. "Now is so instantaneous that it becomes a past." Nunn compared the past, present, and future to a door. "When you walk through a door, you're walking into your future leaving your past. You can turn around and walk back through the door and walk into your past," he said.

The one thing he dislikes most about the art world is elitism. "It (the art world) is broken up in groups," Nunn said. "People sit down and try to place art in levels. To me there are no levels. It either is a creative work or it isn't."

"An elitist says I am better than you and the art world is full of elitists," Nunn said.

Nunn is now living and working in Palestine where he has his studio.



SERIOUS DISCUSSION--Ancel Nunn, well known artist and UT-T instructor this semester, discusses his philosophy of sex and power of the soul.

Library activities relocate on campus

BY ROY LINSON

Every summer since the university began, some department of the library has made a major move. This summer was no exception. The Acquisitions and Catalog Departments moved from the Roberts Junior High Building into new offices on the second floor of the UT-T Science Building on Aug. 6.

The departments' six employees, almost one-half of the library staff, order, receive, check and catalog library books.

During the 1978-79 fiscal year, these departments processed over 9,500 books bought with a books and periodicals budget of \$232,000, C. Olene Harned, university librarian, said.

This figure for the purchase of books and periodicals comes from "a state-wide book buying formula," she said, "based on credit hour production." UT-T is at the minimum level of the formula.

Each UT-T department has an allotted share in the \$130,000 1979-80 book buying budget for purchases.

The first step in purchasing a book is the request card. Professors, or others ordering books, list as much information as possible on the card before sending it to the Acquisitions Department.

Mary Lois Whiteman, acquisitions librarian, and her staff of two, check this request against books already in the library, current orders and the list of books in print.

The order then goes to a state contract jobber, as required by law.

Each year the Texas book contract for all state universities is put up for bids. The winning bidder becomes the

vendor or jobber for that year. Except for specific items such as foreign language books and reference works, all state universities must order from this jobber.

Should the jobber not have the book on hand, the Acquisitions Department may then purchase directly from the publisher.

After the book arrives at UT-T and is checked against on-order records, it is then sent to the Catalog Department.

Here Joyce Morrison, catalog librarian, and two staff members use a computer system installed in November of last year.

This system, with access to five million records, is tied into the Ohio College Library Center commonly known as OCLC.

Catalog information records are called up on the computer screen and carefully scrutinized and corrected to meet the strict UT-T library standards.

The center's computer then prints catalog cards for the book. When these cards are received in the mail they are thoroughly checked again.

Book labels are hand typed and pockets placed in the back of the book. Then and only then is the book ready to go on the library shelf.

The very earliest time from requisition to shelf is two months, Harned said. "It could be two months to two years."

Almost as indefinite is the time set for the next and perhaps the last major move by the library. Harned said she could give no exact completion date for the new library building.

Traffic Safety aids 12-county area

Since it began in November 1975, the UT-T Office of Traffic Safety has assisted local governments in its 12-county area to obtain \$700,000 in federal and state funds for traffic safety projects.

"The Office of Traffic Safety works under a contract with the State Office of Traffic Safety which is part of the Texas Department of Highways and Public Transportation," Dick Jarrell, safety coordinator, said.

The UT-T has a contract to carry out this public service in a 12-county area.

The contract is for one year, running from Oct. 1, 1979 to Sept. 30, 1980, with a total budget of \$79,443.

The staff consists of Jarrell; Bill Latham, traffic engineering technician; and Diane Ponder, secretary.

On Aug. 15 of this year, they moved into rooms 207-210 HPR Building.

In addition to helping them obtain funds, the Office of Traffic Safety works with local governments in three other areas: traffic engineering, traffic law enforcement and traffic information and education.

"Our biggest problem," Jarrell said, "whether with officials or citizens is attitude. Attitude is the real key to

traffic safety and is the most difficult thing to change."

Most people, he said, believe traffic accidents are inevitable. They believe there is nothing they can do themselves to prevent accidents.

To help correct this attitude, one of the main functions of the Office of Traffic Safety is education.

They sponsor and fund workshops and short courses for police officers and traffic engineers in addition to providing expenses for police officers to attend various schools.

Some schools and meetings are held at UT-T. The Office of Traffic Safety also has contracts with other schools to conduct these courses.

Portions of the education program are aimed at public school children. Some teacher aids used are puppet shows, kits for making slide presentations, coloring books and "The Busy Book" with puzzles and quizzes for lower grades.

Jarrell's office has applied for funds to hire an education specialist to help with this aspect of their work. No word has yet been received on this application.

The Office of Traffic Safety also publishes a monthly news letter Traffic Safety Digest, which is mailed to 600 people, mainly city officials.

SLAC president discusses plans

BY BILLIE PYE

Ordinarily a disabling jeep accident would cause one to retreat from life, but for Amy Glenn, student life advisory committee (SLAC) executive chairman, it turned her life around.

"I was Tyler's first 'lady' postman. One day while I was delivering mail a car ran into my postal jeep and it fell on me and crushed my right leg.

"I spent a year in the hospital and that's one place you have a lot of time to think. You see, I'm a Christian, and I kept thinking—God must have some plan for my life and this was his way of telling me.

"Anyhow, I decided to go back to school. With 50 percent disability in my leg, it was one thing I could do."

Misfortune has not dampened the enthusiasm of the 26-year-old senior from Flint.

"I am dedicated to up-grading SLAC, getting students to realize we are willing to help any student with any problem. If we don't know the answer, we'll find out."

A box has been placed "right inside the door" of room 111 University Center so students that want help can leave their name and phone number, and a SLAC member will contact them.

"We also welcome comments from students, either signed or anonymous."

One of the organization's goals is to increase membership and Amy has some "know-how" in recruiting.

"I spent four years in the Marine Corps as a computer programmer and a recruiter, most of the time as a recruiter.

"This is the first time SLAC has been open to students regardless of grades, age, whether you're a day student, night student or part-time student. There are no dues and no requirements for membership—just interest.

"Before this fall, we appeared to be only social to most students. We had been used just for input between students and administration. We are now working on a purpose. We want to be recognized as a formal organization on campus. Right now the organizational committee of SLAC is working to meet procedure requirements as stated in the student handbook. Hopefully, we will evolve into a student government.

"With formal recognition by the university, we can achieve many things previously closed to us.

"For example, UT-T could set up a testing center for LSAT, a test required for law school admittance, and students wouldn't have to go to Dallas or Houston or some other place for the test.

"But, a testing center depends on the number of students interested, so if anyone is planning to take the LSAT, we need to know now."

And then, with hazel eyes sparkling, the petite blonde said, "A Rhodes scholarship program is not out of reach and it could give us great impact in the community."

And where did all this drive come from?

"My parents. I have great parents. All my life they have told me don't gripe if you don't do something about it.

"I'm interested in this university. I couldn't attend if I didn't think it was great. You need to feel a closeness to a school and you can't unless you get involved and SLAC can help get students involved, especially since there are no dormitories on campus.

"If there were dorms, students would be right here, having parties, playing intramural sports. There would just be more activities."

Amy's concern for others is deep-rooted.

"When I was in the Marines, I worked with Big Sisters of America—it's like the Big Brothers program—and I've taught swimming to handicapped children through Red Cross.

"Now I'm sponsoring an 8-year-old Phillippino, Maria Theresa. She writes to me and sends pictures, and of course, I write to her. It only costs \$15 a month and that pays for her schooling, clothing and gives her father a little extra for the rest of the family expenses."

The political science major ran for and was elected executive chairman of SLAC in September.

"I've grown up with politics. My father, Frank Glenn, has always been involved in politics and he was a 4th Congressional District candidate in 1978."

Looking at her future beyond campus, the former high school National Honor Society member said, "I will definitely attend graduate school, most likely law school. Someday I want to work in some area of politics.

"Gosh, I'd love to be ambassador to the Soviet Union. I'd love to be an elected official. I just love life. God gave me a 'gift of gab' so he must want me in politics."

Committee chooses fall term officers

Officers have been elected at the regular Wednesday meeting of the Student Life Advisory Committee.

The officers are: Amy Glenn, chairman of SLAC, Pat Paro, chairman of the social activities committee, Joe Mason, chairman of the student problems committee, William McDonald, vice-chairman for organization, Sheila Root, secretary and Calvin Rees, publicity committee chairman.

"The purpose of SLAC is to inform the administration of student concerns and to work on projects for the univer-

sity," Turns said.

Anyone who wishes to join SLAC may do so by simply coming to the meetings, Turns added. Meetings are held each Wednesday at 2 p.m. in room 111, University Center.

"Any student interested in being on one of the committees who cannot make the regular meeting should contact the chairman for that committee or me," Turns said.

Visitors and prospective members are always welcome to the meetings but we do understand the problem of time, Turns added.



SLAC LEADER--Amy Glenn, newly elected chairman of the Student Life Advisory Committee, discusses plans at the first meeting of the committee. (Photo by Susan Herring)

Student Life offers six short courses

BY ROY LINSON

Only one out of five short courses available is currently being offered by the Student Services office because of scheduling problems and lack of student participation.

Eight students must enroll before a course can be taught. It is not a problem getting eight people, Christina Mitchell, coordinator of student services, said, but getting "eight people who can meet at the same time."

Each short course meets for an hour once a week for six weeks. The first meeting is usually held at noon. Time for the course is then set by mutual agreement of the group.

At present only Assertive Training, one of the most popular courses, is being offered at noon on Thursdays in room 110 Physical Education Building.

Other courses available are Stop Smoking, Effective Parenting, Living Alone and Career Development. Self Understanding may be offered at mid-semester, Mitchell said.

"All of these courses are available," Mitchell said, "if enough people sign up." The Student Services Office is in room 111, University Center.

Course participants range from traditional college age students to grandmothers, Mitchell said. She thinks this is an advantage because it "helps give perspective to the other ages in the group."

Students with ideas for other short courses should talk to Mitchell. Any course could be offered if enough students signed up, she said.

Mitchell is available for individual counseling during her office hours of 8 a.m. to 5 p.m. in room 111 University Center.

The Assertive Training course helps people to communicate effectively, Mitchell said. Men as well as women are now becoming aware of their need to be assertive.

Many students in Assertive Training are interested in a course in Self Understanding at mid-semester. Self Understanding, Mitchell said, "deals with taking a look at the way we handle our values." Students also take a personality inventory and interpret it.

In this course, Mitchell uses systematic training in a format called The Step.

To make the Effective Parenting course more meaningful to those in attendance, age group discussions will be adjusted to meet the needs of individual class members.

Stop Smoking does not yet have the required eight participants. The basic format for this class comes from the American Cancer Society.

Living Alone is aimed at widows, widowers, divorced persons or those who have never married. These people may feel their life situation is more difficult, Mitchell said, and in this course they may share their problems.

Mitchell often brings what she calls "resource people" to talk to this class. For instance, an auto mechanic may discuss car repairs from the viewpoint of the woman alone.

This class helps students to "learn to enjoy eating out alone, grocery shopping alone and going to parties alone," Mitchell said.

Career Development helps students who have already picked their major course of study but want to know where the jobs are and how to act during interviews.

Although Mitchell does some lecturing in all courses, individuals discuss their own situations and problems.

She also uses video tape, especially during role-playing activities. This way students may then watch themselves on film and make suggestions for self-improvement.

Mitchell writes some of the class programs. Most, however, have guidelines available.

Mitchell bases Assertive Training class on courses she took at Drake University. She also uses a book "New Assertive Woman" in the class.

Mitchell has been at UT-T for four years.